

A.G.M. 7th Nov. 2016
Head Coach Report

I would like to thank everyone for their continuing support. I would also like to thank the coaches and committee for the hard work they do and the Gymnasts and Parents for attending and participating. The club seems to be moving from strength to strength now. Due to the increase in membership, we still need to make alterations and improvements to the venue so if anyone can offer any expertise that could help please let me know, we are always grateful for help.

Coaching

During this year we have seen Rachel achieve her level 2 qualification, Vicky and Leila have attended badge courses and within the next few months 4/5 volunteers will begin their level 1 course. Hopefully Aaron and Paul will be able to undertake their level 2.

Currently I am not coaching at Bideford for as many hours as before because of the work at Bude, so although my role is still as Headcoach, I have delegated some of responsibilities to other coaches.

The role of squad coach has been passed to Lauren who is settling in to the role. Some changes have been made to ensure this runs smoothly. She is compiling their training and taking gymnasts to competitions. The three they have attended have had great results.

Alison has taken over responsibility for recreation and has been organising events and training. We intend to hold a full club competition in May.

If anyone is interested in helping in recreational classes please let me know.

Membership

seems has increased again and is steadily rising. We have created waiting lists for classes; this is fantastic news.

Satellites

Torrige (Tues) Alison, Aaron and Bryony
Holsworthy (Sat) Natasha, Paul and Aaron
Both are continuing to run and doing well

The satellite at Kilkhampton (Bude) ran very successfully and was full within 6 months of starting. Due to its popularity we investigated expanding and this section has now been moved into Bude Haven School and is operating 3 nights a week with me (Rattie), Sam, Natasha, Aaron and Julie-Ann all coaching.

This satellite is full at the present time and we are investigating more extra hours and venues.

Hopefully our satellite clubs ensure people in rural communities have access to a gymnastic club. Any talented children are identified and normally sent to Bideford main centre for additional lessons.

Due to the distance, we have set up a development group at Bude to enable gymnasts from this area to move on to the next level of training without a long journey to Bideford, freeing up Bideford places at the same time.

These satellites help immensely towards raising membership numbers.

Displays

This year's displays were not as frequent as many past years; a lot of rain put us out of action a couple of times. But this has given us the time to develop into two groups. Due to the popularity of the group we now have around 50 display members. The first show of our two displays was at the awards night which, for some of the littler children, was their first routine.

This year's BIG trip was to Italy, Riccione, where 50 of us attended the Festival de Sole, an international event.

We performed alongside 5000 other participants from over 22 countries. It was a great experience for us all. Some had never flown before. Others never had performed before.

All performances were outside in arenas around the town.

Never before have the mats been too hot for us to perform on. We are more used to it being too wet.

We then performed at the Holsworthy show and finished the year off at London Festival of Gymnastics at Brentwood, where we had the biggest team.

We performed in two halves; juniors followed by seniors. We took a trip to jump giants, one of the largest trampoline parks in Europe, as well as a visit to Lakeside shopping centre.

We are currently looking into other display opportunities and a big trip for 2018, we will keep you posted.

Michelle Gordon (Rattie)
Head Coach